

**KENT GIRLS ELITE FC
COVID-19 – RISK ASSESSMENT & ACTION PLAN**

Revision 2

10th SEPT 2020

PREPARED BY:	Date	Position
Ian Pegram	10 th Sept 2020	Committee Member – Covid 19 Officer
APPROVED BY:		
Jo Homes	10th Sept 2020	Club Secretary
Paul Vennard	11 th Sept 2020	Club Chairperson
Mark Homes	10 th Sept 2020	Club Welfare Officer

This Covid-19 Risk Assessment and Action Plan is designed to **to limit the spread of the virus and to keep all participants safe.**

This is an update on the previous Risk Assessment (July 2020) carried out by Kent Girls Elite FC **and reflects the much increased risk in the community due to a rapidly increasing number of cases, and far higher exposure to the virus associated with the recent return of children to schools.**

It has been prepared in accordance with the Government / FA requirements and guidelines.

However, it does not seek to replicate these requirements and guidelines and so all Participants are advised to read the Government / FA requirements and guidelines for themselves.

Should there be any omission, inconsistency and clarification required please contact Ian Pegram (KGEFC Committee Member – Covid 19 Officer) in the first instance.

“Participants” includes Players, Coaches, Spectators, Officials and anybody else who may be in attendance at any event (i.e. training or matches) hosted by KGEFC.

Contents:

- Principles
- General Risks
- Specific Risks
 - o Travel to the event
 - o At the Venue
 - o Prior to and during Training
 - o Prior to and during Matches (including warm up)
 - o After the Event (Training / Match)

THE KGEFC COMMITTEE SHALL REVIEW ON A WEEKLY BASIS AND AGREE ANY FURTHER UPDATES NECESSARY e.g. for further Government advice.

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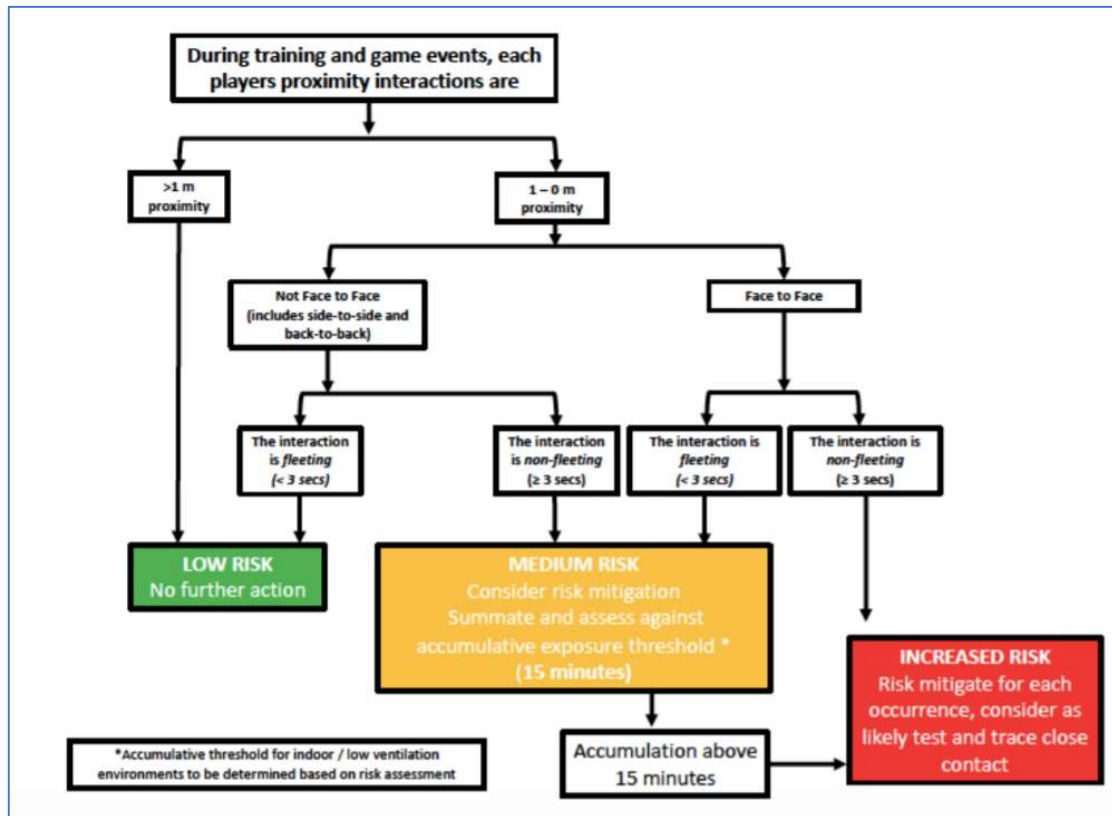
PRINCIPLES

Symptoms of COVID -19 are currently recognised as any of the following:

- A high temperature (above 37.4 deg c)
- A new, continuous cough
- A loss of, or change to, sense of smell or taste

Social Distancing requirements: 2m (or 1m+ with a face mask) unless from same household; discrete groups of max 6 people (from up to 6 households).

Exposure times and risk:



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HAZARD	RAG RATING	WHO IS AT RISK?	CONTROL MEASURES REQUIRED	ACTIONS REQUIRED	BY:	COMPLETED	RAG RATING
1. GENERAL (Attendance)							
1.1 Exposure to infection due to infected or potentially infected persons attending the event		All participants	<p>Nobody is to travel to the event if:</p> <p>Anyone in their household has had any COVID-related symptoms in the 14 days prior to the event, unless they have had a test which has come back negative;</p> <p>Or</p> <p>They have been asked by NHS Track & Trace to self-isolate or quarantine;</p> <p>Or</p> <p>They are concerned or suspect that they may have been exposed to infection.</p> <p>-----</p> <p>All Players & Coaches to be temperature checked and to use hand sanitiser on arrival</p> <p>Note: It is very likely that infected persons attending the event are showing no symptoms.</p>	<p>KGEFC is to produce an on-line self-certification / attendance form, for use from 11th Sept 2020.</p> <p>All participants are to complete the self-certifying / attendance form prior to attending ANY event.</p> <p>A record of all participants is to be maintained for 21 days, to assist NHS Track & Trace.</p> <p>Risk assessment & Action Plan to be (1) posted on KGEFC website, and (2) issued to all parents and coaches, visiting clubs and officials (in advance of a match).</p> <p>Temperature to be recorded. Hand gel and Thermoscan gun to be provided.</p>	<p>Secretary</p> <p>Participants</p> <p>Secretary</p> <p>Secretary</p> <p>Covid Officer / Secretary (or delegate)</p>	<p>Yes</p> <p>Yes / Ongoing</p> <p>Yes / Ongoing</p> <p>Yes / Ongoing</p> <p>Yes / Ongoing</p>	

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1.2 Increased exposure due to number of participants exceeding the facility capacity to provide a Covid secure environment.			Attendance at any event is to be restricted to 1 spectator per player (if possible) or a maximum of 2 spectators per player.	Participants to be advised: KGEFC – via communications Visiting teams / officials – prior to attendance.	Secretary	Update issued 11/9/20	
			It is noted that some away venues may impose a 1 spectator limit.	KGEFC Participants to be advised prior to travel.	Secretary	Yes / Ongoing	

2. SPECIFIC – Travel to the event

2.1 Exposure to infection during travel to the event		All Participants	Travel by car – occupants should be from the same household where possible; where this is not possible then face masks are to be worn by all occupants, and hands sanitised before, during and after travel. Travel by public transport should be in accordance with government guidelines.	Where occupants are from different households this should be noted on the self-certification / attendance form.	All Participants	From 12/9	
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3. SPECIFIC – At the Venue

3.1 Facilities are not compliant with Covid Requirements – increased exposure to infection		All Participants	Facility Providers are to ensure that the facilities meet the required standards in line with current advice / requirements.	KGEFC to request a copy of relevant documentation where applicable.	Covid Officer	Outstanding from K-Sports	
				KGEFC to inspect facility prior to use to ensure compliance with relevant standards.	Covid Officer (or delegate)	Yes / Ongoing	

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			Goal posts and other shared equipment are to be wiped down before and after use.	Volunteer to be nominated and cleaning products provided.	Covid Officer	Yes / Ongoing	
3.2 Changing rooms and toilets; kit – increased exposure to infection		All Participants	Changing rooms are closed until further instructed.	Participants to be made aware.	Secretary	Yes	
			Players and Coaches are to arrive fully changed in clean kit. Toilets are required to be available for a restricted time before / during / after games. Toilets are available at K-Sports on a restricted basis. Toilets are not available at Abbey School until 5 th October. Toilets are available at Sittingbourne School on a restricted basis.	Parents and coaches to be advised.	Secretary	Yes / Ongoing	
3.3 At Arrival – increased exposure to infection due to over-crowding / lack of social distancing		All Participants	All Participants to remain in their cars until 30 minutes prior to the Event starting. Participants to stagger arrival maintaining social distancing at all times Note: JPL rules are 15 minutes prior to start – but this provides	KGEFC to brief participants accordingly.	Secretary	From 12/9	

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			<p>inadequate time for registration / thermo checks of players and risk of injury (due to lack of warm up).</p> <p>Only nominated volunteers may arrive early to set up registration, assist with putting up nets, cleaning the facilities etc.</p> <p>Safe access and egress (one way systems and the like) to be established where applicable – e.g. where space is limited.</p>	<p>All warm ups are to be carried out at 2m+ social distance.</p> <p>Volunteers to be nominated and briefed.</p> <p>Each KGEFC facility to be assessed and a site plan produced where necessary (showing measures to be taken).</p> <p>Participants to be advised of any site specific requirements before attendance or on arrival as necessary.</p>	<p>Players / Coaches</p> <p>Committee</p> <p>Covid Officer</p> <p>Secretary</p>	<p>Yes / Ongoing</p> <p>From 12/9</p> <p>Yes / Ongoing</p> <p>Yes / Ongoing</p>	
4. SPECIFIC – Exposure to Infection prior to and during Training							
4.1 Generally		Players / Coaches	<p>Social distancing (2m) to be maintained at all times, other than during match simulation / practice (see Matches below).</p> <p>Spectators to remain outside of caged areas and to observe social distancing requirements.</p>	All participants to be informed.	Secretary / Coach / Players as required.	Update issued 11/9	

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			<p>Players to bring their own drinks in clearly labelled bottles (or kept in own bag) to avoid any sharing.</p> <p>Bags to be spaced at 2m intervals beside pitch.</p> <p>Players to bring their own small bottle of hand-sanitizer.</p> <p>Regular hygiene breaks to be taken during training.</p> <p>Football are only to be handled by the Goalkeeper (no throw ins to be taken).</p> <p>Equipment is to be wiped before and after use – handling to be kept to a minimum. Where handling does occur, equipment is to be wiped down during next hygiene break.</p> <p>First Aid to be administered in accordance with guidelines; if < 2m, PPE is to be worn.</p> <p>Players and Coaches to be briefed on FA Guidelines Appendix 1 before every session.</p>	<p>Wipes to be provided.</p> <p>PPE to be provided</p>	<p>Secretary</p> <p>Secretary</p>	<p>Yes / Ongoing</p> <p>Yes / Ongoing</p>	

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5. SPECIFIC – Exposure to Infection prior to and during Matches (including warm up)							
5.1 Generally			As Training – see 4 above.	All participants to be informed.	Secretary / Coach / Players as required.	Update provided 11/9	
			<p>Social distancing (2m) to be maintained at all times (e.g. during warm up, breaks and when not playing), other than when playing in the match.</p> <p>Spectators to be 4m behind the touchline.</p> <p>Spectators should avoid handling the ball; should this happen, the match will be stopped and the ball will be sanitised.</p> <p>Matches to be played as 4 x Quarters if possible (subject to agreement with the other team) to enable regular hygiene breaks to be taken.</p> <p>During hygiene breaks, goal posts and the match ball will be sanitised and players will apply hand gel.</p> <p>Players and Coaches to be briefed on FA Guidelines Appendix 1 before every session.</p>	Respect line / cones to be set up accordingly.	Parent Rep	From 12/9	

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6. SPECIFIC – After the Event (Training / Match)							
6.1		All Participants	<p>All Participants should leave the site immediately the training / match finishes (whilst observing social distancing rules).</p> <p>Only nominated volunteers may stay behind to assist with taking down nets, cleaning the facilities etc.</p> <p>Participants to be advised that if they develop any Covid-related symptoms in the 14 days after any event, they should self-isolate and notify NHS Track & Trace and KGEFC immediately.</p>	<p>All participants to be informed.</p> <p>Volunteers to be nominated</p>	<p>Secretary</p> <p>Committee</p> <p>Secretary</p>	<p>Yes / Ongoing</p> <p>From 12/9</p> <p>Yes / Ongoing</p>	