



# Covid-19 Return to competitive training checklist:

## *Parents and Carers*

- Adhere to FA Guidance (FA Guidance on Re-Starting Outdoor Competitive Football: P6)
- Adhere to any additional requirements put in place by training/playing venue
- Ensure player arrives appropriately dressed and ready to play (including laces tied)
- Ensure player has their own labelled drinks bottle, hand sanitiser and kit/equipment
- Confirm consent for your player to participate
- Upon arrival to each session provide/confirm the following information:
  - 1: Who is attending (including parent/carer)
  - 2: Self-assessment completed and clear (including parent/carer)
- Players - practice social distancing whenever possible (pre, post, during breaks, etc.)
- Parents/carers - practice social distancing and do not gather in groups of more than six
- Adhere to FA Code of Behaviour (FA Guidance of Re-Starting Outdoor Competitive Football; P12)
- Parent/carers to attend to their players' injuries (coaches/managers will only intervene if life/limb threatening) - refer to FA First Aid Guidance for details
- Ensure good hygiene practice

